



Save the Date

Ocean State XC Invitational

Goddard State Park

1095 Ives Road, Warwick RI 02818

Friday, September 22. Middle School Races

Saturday, September 23 High School Races

Saturday, September 23 Open 5K Trail Run

The 2016 High School Meet Included:

- Teams from CT, MA, NJ, NY, and RI
- Top 5 Championship Teams:

Girls: Guilderland (NY)
Tewksbury (MA)
Glastonbury (CT)
Ward Melville (NY)
Lexington (MA)

Boys: St John's HS (MA)
St Anthony's (NY)
Lexington (MA)
Shenendehowa (NY)
Guilderland (NY)

Meet Records were set by Tristan Shelgren of St. John's Prep in the Var2, Chris Nienburg of Ward Melville in the JV2, and Katherine DeLoreto of Tolland in the Var1.

The 2016 Middle School Meet Included:

- Over 1,500 6th, 7th, and 8th graders from CT, MA, NY and RI
- Meet record by Ethan Carpenter of North Cumberland in the 7th Grade Boys

Highlights for the 2017 High School Meet:

- Races for Freshmen, Junior Varsity, Varsity, and Championship Levels
- Spectator friendly, scenic course
- Accurate time schedule
- Awards Ceremony
- Special Attractions: music, coach's free hot lunch, ample space for warmup and team tents, awards to the best combined boys and girls team
- Sanctions requested from CT, MA, ME, NH, NJ, NY, NC, PA, RI, and VT

For additional information such as hotels, schedule, awards, etc., view the website
www.oceanstatexc.com

<http://www.oceanstatexc.com/>